



## From the Principal's Desk

### Fresh Beginnings: Unveiling the Journey of a New Academic Year

As we welcome another academic year, it is with great pleasure and anticipation that I write this to our students, parents, and faculty. "Fresh Beginnings" encapsulates the excitement and potential that come with the start of a new school year.

For students, this is a time to embrace new opportunities, set goals, and embark on a journey of discovery. It's a chance to build upon past accomplishments, challenge themselves, and explore their interests. Our dedicated faculty are prepared to guide and inspire them along the way, fostering a love for learning that extends beyond the classroom.

Parents, your support and involvement are invaluable as we navigate this journey together. Your encouragement and partnership in your child's education make a significant difference in their success. At our school, we are committed to providing a nurturing and enriching environment where every student can thrive. From exciting curriculum enhancements to engaging extracurricular activities, we strive to create a well-rounded educational experience that prepares students for the challenges and opportunities of the future.

As we unveil this new academic year, let us embrace the possibilities it holds. Let us approach each day with enthusiasm, determination, and a spirit of collaboration. Together, let's make this year one of growth, achievement, and memorable experiences.

Here's to fresh beginnings and a successful academic year ahead!

**- Ms. Sonika Kochhar Girotra,**  
**Principal RIAH**

## Editorial Committee:

**Ms. Sonika Kochhar Girotra (Principal)**

**Ms. Kirti Ranjan (Coordinator)**



## “Quote of the month

*"Embrace the blank pages of a new academic year with excitement and curiosity. Each day holds the potential for new discoveries, friendships, and achievements. Let your journey be guided by resilience, fueled by curiosity, and illuminated by the pursuit of knowledge."*

”

This thought encourages individuals to approach the new academic year with enthusiasm and a sense of adventure. It suggests that each day presents growth opportunities, both academically and personally. By embracing challenges with resilience and maintaining a curious mindset, individuals can make the most of their educational journey, forging new connections, gaining new insights, and achieving their goals.

# Coordinator Speak



With the dawn of this fresh chapter, we anticipate a multitude of opportunities for growth, learning, and camaraderie.

As we stand on the threshold of this new beginning, it is natural to experience a blend of excitement and apprehension. However, let us approach this journey with confidence and resilience, knowing that we are capable of surmounting any challenges that may arise.

This is an opportune moment to set intentions, establish aspirations, and explore new avenues of personal and academic development. Whether it entails mastering a challenging subject, engaging in extracurricular pursuits, or extending kindness to others, let us embrace the myriad possibilities that lie ahead.

Undoubtedly, with the dawn of a new school year, a vast tapestry of opportunities unfurls before us, each thread woven with promise and potential. Parents, envision your child as a radiant beacon, illuminating the path towards these boundless opportunities, and guiding them with unwavering support and encouragement.

Together, let us cultivate an environment characterized by mutual support, enthusiasm, and a shared commitment to excellence. May this school year be marked by moments of joy, discovery, and academic achievement, leaving an indelible mark upon our collective memory.

So, here's to a new school year filled with laughter, learning, and all the wonderful moments!

**- Ms. Kirti Ranjan,  
Academic Coordinator**

# Activities

## First Day Activities

Embarking on an exciting journey at RIAH, our Montessori children enjoyed a range of engaging activities on their first day, making it a memorable and fun-filled experience!

In mont 1, they unleashed their artistic talents with Palm Printing. Splattering their palms with vibrant Colours and pressing them onto paper, they created masterpieces showcasing their unique styles. This activity not only sparked creativity but also helped them identify different Colours while having a blast.

Next up was Sponge Dabbing, where they enthusiastically dabbed sponges onto paper, creating Colourful patterns and shapes, challenging their fine motor skills and hand-eye coordination.

In mont 2, they embarked on an exciting Tower Block activity. As little architects, they stacked blocks to build towering structures, testing their engineering skills and teamwork in a playful and supportive environment.

Shape activity with playdough in mont 2 allowed them to unleash their imagination, molding, squishing, and shaping playdough into various forms. This strengthened their hand muscles while they had oodles of fun experimenting with textures and designs.

In mont 3, it was all about self-expression and confidence-building with an "All About Myself" writing and Colouring worksheet. Children eagerly shared their interests, dreams, and Favourite things through Colourful drawings and simple sentences, laying the foundation for positive social interactions and self-awareness from the very start. Through these delightful activities, we ensured that every child's first day was filled with laughter, exploration, and the joy of learning, setting the tone for an enriching and fulfilling school year ahead!

**- Ms. Rumeli Das,  
PPRT**



# Activities

## World Health Day

We marked World Health Day on 8th April 2024 with zest and enthusiasm, focusing on the importance of wellness and nutritious choices at our school. From engaging activities to insightful discussions, our students embraced the theme of health and well-being wholeheartedly. Students explored the benefits of healthy eating through a fun Show and Tell competition, sharing their favourite fruits and vegetables. It was a Colourful and educational celebration, highlighting the importance of good nutrition for a happy, active life! It was a delightful experience witnessing their passion for healthy eating and learning about the diverse range of fruits and vegetables they love.



## Sibling Day

We celebrated the bond and cherished memories of brothers and sisters at RIAH pre-primary on 10th April. Siblings Day was filled with laughter, hugs, and heartwarming moments as our students' shared stories of their special relationships with siblings. As part of the celebration, we also organized the 'My Most Loved Picture' competition, where our young artists showcased their creativity and love through beautiful artwork. It was a joy to see them showcase their enthusiasm and talent, capturing moments dear to their hearts. Their artworks were truly heart-warming and reminded us of the love and happiness that brothers and sisters bring to our lives.



## Baisakhi Celebration

Our Baisakhi celebration on 12th April was infused with the theme of Jaggery Day, highlighting the sweetness of this traditional ingredient. Students adorned Punjabi ethnic attire, adding a colourful charm to the festivities. The day resonated with the aroma of jaggery dishes, from delectable sweets to savory delights, showcasing the versatility of this age-old ingredient in Punjabi cuisine. The special assembly delved into the rich history and significance of Baisakhi, highlighting the foundation of Khalsa Panth and its enduring



# Activities

legacy. Students got into the groove with an energetic Bhangra workout, showcasing their dance moves with infectious enthusiasm. Adding a touch of creativity, our Baisakhi craft activities allowed students to express their artistic talents, bringing the festive spirit to life in vibrant displays. It was a day of learning, fun, and cultural immersion, as we rejoiced in the spirit of Baisakhi together.



## World Heritage Day Celebration

Our World Heritage Day celebration on 18th April 2024, focused on the theme of preserving historic monuments, reminding us of the importance of safeguarding our cultural heritage.

The key attractions of the day included the mont 1 Thumb Printing Competition, where students creatively expressed their love for monuments through thumbprint art.

Mont 2 and mont 3 engaged in a captivating collage-making activity, depicting five iconic monuments of India. This activity not only showcased their artistic talents but also deepened their appreciation for our rich architectural heritage.



## Pink Day Celebration

On April 19th, our school was awash in shades of pink as we celebrated Pink Day with zest and zeal. The day's highlights included our students donning their prettiest pink attire, and spreading joy and positivity throughout the campus. Adding a healthy twist, we savored delicious pink-themed snacks, promoting the importance of nutritious eating habits among our young learners.

The excitement peaked with our mont 1 colouring competition, where budding artists brought pink hues to life on paper. Mont 2 unleashed their creativity in a watermelon craft competition, while mont 3 showcased their artistic flair with stunning paper flower creations.



## Activities

It was a day of colourful expression, healthy choices, and boundless creativity, making our pink Day celebration a resounding success.

### Earth Day Cheers at RIAH

At RIAH, we celebrated Earth Day with great enthusiasm and commitment on 22nd April. The day was filled with activities aimed at raising awareness about environmental conservation and sustainability.

Our special assembly brought together students to learn about the importance of protecting our planet and taking proactive steps toward a greener future.

One of the highlights was the drawing and colouring competitions held across mont 1, 2 & 3. Our little Ryanites showcased their love for nature and creativity through colourful and meaningful artwork, emphasizing the message of Earth Day. The event brought together art, education, and a focus on the environment, reminding us to make a positive impact on our planet every day.

### English Language Day Celebration at Montessori

On 23rd April, our Montessori campus was buzzing with excitement as we celebrated English Language Day with a flourish of linguistic talent and creative expression. The day was filled with captivating competitions that highlighted the linguistic prowess of our students:

Our youngest learners of mont 1 delighted us with their charming performances of nursery rhymes focusing on body parts and action songs. From wiggling fingers to catchy tunes, they showcased their language skills with enthusiasm and flair.

Mont 2 students took us on a journey through the alphabet, fruits, vegetables, colours, and animals with their delightful nursery rhyme renditions. Their use of toys, props, and costumes added a touch of creativity to their performances.



# Activities

Mont 3 students mesmerized us with their recitations of phonic songs, odes to nature, expressions of school pride, and heartfelt tributes to mothers. Their performances were not just about language but also about storytelling and emotion.

It was a joyous celebration of language, creativity, and the vibrant spirit of our Montessori community.

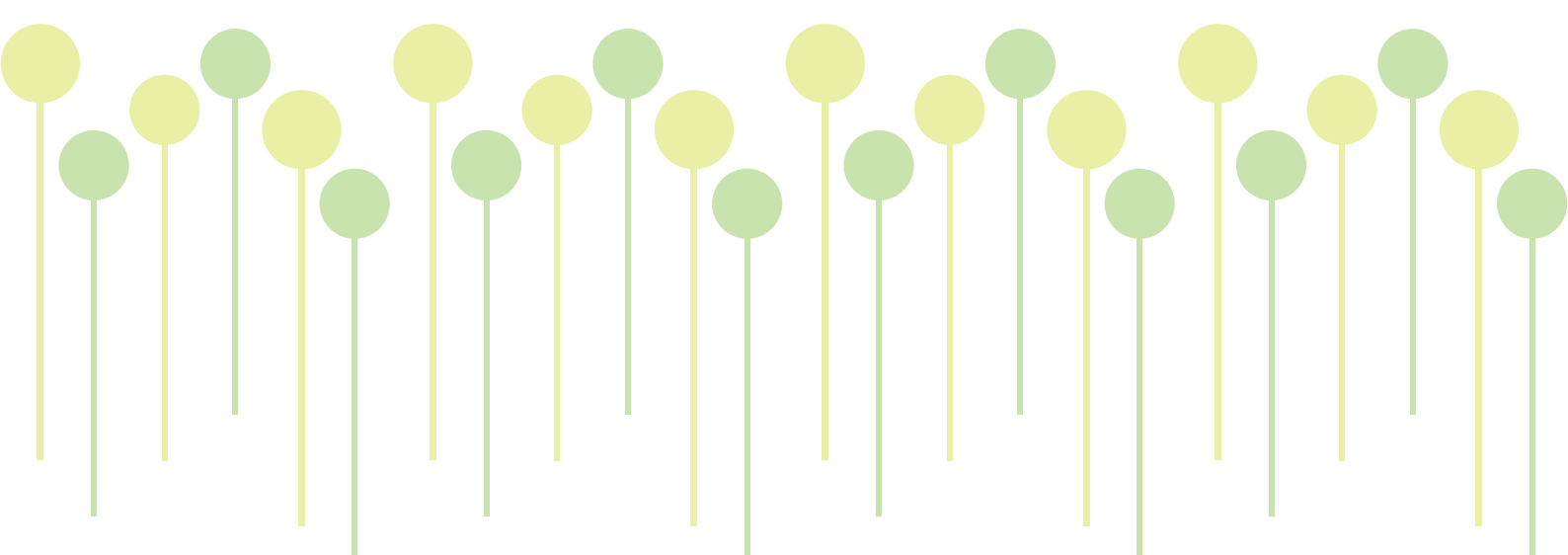
## International Dance Day

On the occasion of International Dance Day, our Montessori campus came alive with a celebration full of rhythm, movement, and fun on 26th April. Mont 1 students showcased their creativity and energy through freestyle dance, where they were free to express themselves using various props like toys, hula hoops, balls, and hats.

Mont 2 students transported us back to the vibrant eras of the 80s and 90s with their jazz or disco dance performances. Mont 3 students mesmerized us with their Indian folk-dance performances like Rajasthani folk, Bhangra, Ghoomar, etc. Their performances celebrated the rich cultural heritage of India through captivating movements and storytelling. The competition was a dazzling display of talent and creativity, with each level bringing their unique flair to the stage.

To beat the summer heat, we also enjoyed a refreshing Lemonade and Fruit Party in summer attire. It was a perfect blend of dance, refreshments, and summer vibes, making it a day to remember.

**- Ms. Suruchi Thakur,  
Section Head**





# Class Activities

## English

At RIAH, our montessori 2 children engaged in several enriching activities, including the Hello Activity (passing the parcel), knob puzzle activity, and line pattern activity using play dough.

The Hello Activity serves multiple learning objectives. Firstly, it aids children in navigating new environments, such as transitioning from school to playdates, thereby laying a foundation for future interactions where first impressions are crucial. Furthermore, engaging in self-introduction fosters essential communication skills, helping children articulate their thoughts while also learning to listen to others.

The line pattern activity using play dough, it serves as a dynamic learning opportunity. As children collaborate and play together with play dough, they naturally develop valuable skills such as cooperation, turn-taking, and problem-solving. Moreover, this hands-on activity enhances hand-eye coordination, fine motor skills, strength, and various other cognitive abilities. Observing children during play provides valuable insights into their development and engagement.

- Ms. Shikha Agarwal,  
PPRT

## Special Assembly

School morning assembly activities play a vital role in fostering a positive and engaging learning environment. They help students kick-start their day with enthusiasm and motivation.

## First Day of School

The teachers at RIAH organised a special assembly to warmly welcome students to the new academic year, aiming to kickstart the session with positivity and enthusiasm.

During the assembly, teachers actively engaged with the students by singing and dancing to the welcome song and school anthem, creating an



## Class Activities

atmosphere of joy and camaraderie. This interactive approach not only fostered a sense of belonging but also set a vibrant tone for the start of the academic journey.

To further enhance the experience, a puppet show was set up, adding an element of fun and excitement to the day. This creative addition provided a memorable and entertaining way for students to engage with the school community and make lasting memories.

Overall, the assembly served as a wonderful opportunity for both teachers and students to come together, celebrate the beginning of a new school year, and embark on a journey filled with learning, growth, and shared experiences.

## Eid Celebration

A special assembly was organised for the students to foster an understanding of the rich diversity of Indian culture, particularly focusing on the festival Eid celebrated by Indians across various states.

During the assembly, a teacher shared a story based on the festival of Eid, providing insight into its significance, traditions, and cultural practices. Through storytelling, students were immersed in the vibrant tapestry of Indian traditions, gaining a deeper appreciation for the cultural mosaic that defines the country.

## Baisakhi

Mont 3 students organised a special assembly to highlight the significance of Baisakhi, a festival celebrated with great fervor in India. Through a captivating array of dance performances, speeches, and poems, students immersed their peers in the cultural essence of Baisakhi.

Adding to the festive atmosphere, teachers delighted the students with a spirited performance of the 'Gidda,' a traditional folk dance of Punjab. Following their performance, teachers extended heartfelt wishes to the students, emphasizing the



# Class Activities

historical and agrarian importance of Baisakhi.

The school grounds came alive with vibrant Colours as students adorned themselves in Colourful attire, with many donning traditional Punjabi clothing to pay homage to the festival's roots. This visual spectacle further enriched the celebratory ambiance, allowing students to connect with the cultural heritage of Baisakhi in a meaningful way.

Overall, the assembly served as a dynamic platform for students to share cultural insights, celebrate diversity, and forge a deeper appreciation for the traditions that shape our collective identity.

- **Ms. Shivani Munshi,**  
PPRT



## Star of the Week

Star of the Week celebrates a positive recognition strategy where a different child is chosen each week to be in the spotlight fostering a supportive and encouraging environment. Being chosen as "Star of the Week" gives the child a sense of recognition and importance, boosting their self-esteem and confidence: It provides an opportunity for parents to be involved in their child's school. Every Friday, it is a moment of utmost joy and sheer excitement for the children to be the "Chosen One." The parents are also very enthusiastic to join the class and conduct various activities like 'Balance the Ball' and reciting rhymes. Overall, the "Star of the Week" activity contributes to a supportive and vibrant classroom atmosphere that nurtures social skills, self-expression, and a sense of belonging among young learners.

- **Ms. Vishka Mangalkar,**  
PPRT



# Class Activities

## Quality Circle Time

In montessori education, Quality Circle Time (QCT) is conducted every Tuesday and Thursday, focusing on various topics that further enrich the children's development. The mont 3 class in April discussed topics such as what they like about the school, the Qualities of their best friend, what they enjoy doing at home, their favourite cartoon character, and their favourite fruits and vegetables.

These QCT topics not only contribute to the goals of intellectual, social, and emotional development but also make learning enjoyable and relatable for young learners in the Montessori environment.

- Ms. Ranjani D,  
PPRT





## PARENT'S CORNER

We as a parent, were excited about Aarvi's first day of school. We had mixed feelings of happiness by seeing our child going to school and hoping that she wouldn't keep on crying for us. She is a bright and happy child and we were praying from God that she would meet new people, interact happily, make new friends, and have lots of fun in school.

And the day came, i.e. 2nd April, when we reached school to drop her off; and by the time she separated from us, she started crying and screaming a bit. This moment was a bit emotional for us as well. After dropping her off at school, we kept on thinking about her; hoping that she was enjoying herself in the classroom. We were just looking at the clock when the time would come to pick her up from school. When we saw her at pickup time, she was happy and told us that she didn't cry in the classroom. Her teacher helped her and told her that your parents couldn't be available in school and that I would be there for you. This boosted our confidence and made us satisfied with our decision to choose RIAH.

- Ms. Shruti Chakrapani,  
Parent of Ms. Aarvi Chakrapani - Mont I 'A'

## Upcoming Events

- World Bicycle Day – 3rd June 2024
- World Environment Day – 5th June 2024
- World Oceans Day – 8th June 2024
- Father's Day – 20th June 2024
- International Yoga Day – 21st June 2024
- International Olympic Day – 23rd June 2024

